**Who Floats Your Boat?**

Good News for Stressful Times – Mark 4:35-41

Good news flashes about Jesus Christ, the Son of God, that will strengthen you in the midst of life’s storms.

**Good News Flash #1** – Jesus **leads** his disciples (vs. 35-36)

* Jesus, being God, is fully aware of our circumstances and is in fact leading us through them (Deut. 31:8, Psalm 23).
* The response he is looking for is to follow him in total trust and total obedience (vs. 36, Ps. 20:7, Ps. 84:12, Ps. 56:3).

**Good News Flash #2** – Jesus **cares** for his disciples (vs. 37-39)

* Through his presence: Jesus resides with us through the indwelling of the Holy Spirit.

(1 Cor. 6:19, Ps. 139:7-10, Isa. 41:10, Heb. 13:5)

* By his power: (vs. 39) *“Quiet! Be still!” Then the wind died down and it was completely calm*, *(*Matt. 28:18, 2 Sam. 22:2-3, Ps. 46, Ps. 91, Ps. 121, 2 Cor. 12:9).

**Good News Flash #3** – Jesus **grows** his disciples (vs. 40-41)

* (vs. 40) *“Why are you so afraid? Do you still have no faith?”*

Our faith (total trust and dependence) on who he is, God with us and what he has the power to do, must continue to grow (Col. 2:5, Phil. 2:13, Heb. 12:2).

* When we are afraid we must intentionally put our trust in him (Ps. 56:3-4).

In our storms will we need to be rebuked like the disciples for being overwhelmed by fear and will we allow our faith to quickly fade under pressure? Remember the good news about Jesus Christ the Son of God; he is the one that keeps our boat afloat because he is leading us, he is caring for us, he is growing us and he will protect us even through death.